

## Wilmington Health and Wellness

265 Racine Dr. Ste. 100  
Wilmington, NC 28403  
PHONE: 910-798-5560

DATE: \_\_\_\_\_

### PATIENT DEMOGRAPHICS

FULL NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

GENDER: ☐ FEMALE ☐ MALE

DO YOU HAVE AN ADVANCED DIRECTIVE (LIVING WILL)? ☐ YES ☐ NO

HOME ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PRIMARY PHONE: \_\_\_\_\_ ☐ HOME ☐ MOBILE ☐ WORK ☐ SPOUSE ☐ CAREGIVER ☐ OTHER

SECONDARY PHONE: \_\_\_\_\_ ☐ HOME ☐ MOBILE ☐ WORK ☐ SPOUSE ☐ CAREGIVER ☐ OTHER

INSURANCE NAME: \_\_\_\_\_ SUBSCRIBER ID: \_\_\_\_\_ GROUP: \_\_\_\_\_

SOCIAL SECURITY #: \_\_\_\_\_ REFERRED BY: \_\_\_\_\_

NEXT OF KIN (FOR EMERGENCY): \_\_\_\_\_

RELATION: \_\_\_\_\_ PHONE: \_\_\_\_\_

### CURRENT HEALTH PROBLEMS (LIST IN ORDER OF SEVERITY)

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

### CURRENT PROVIDERS

NAME: \_\_\_\_\_

SPECIALTY: \_\_\_\_\_

NAME: \_\_\_\_\_

SPECIALTY: \_\_\_\_\_

NAME: \_\_\_\_\_

SPECIALTY: \_\_\_\_\_

NAME: \_\_\_\_\_

SPECIALTY: \_\_\_\_\_

NAME: \_\_\_\_\_

SPECIALTY: \_\_\_\_\_

**LIST ANY MEDICATION THAT YOU CURRENTLY TAKE, INCLUDING OVER-THE-COUNTER**

NAME

STRENGTH

DIRECTION

PRESCRIBED BY

|  |  |  |  |
|--|--|--|--|
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**SURGERIES**

- |          |             |          |             |
|----------|-------------|----------|-------------|
| 1. _____ | YEAR: _____ | 4. _____ | YEAR: _____ |
| 2. _____ | YEAR: _____ | 5. _____ | YEAR: _____ |
| 3. _____ | YEAR: _____ | 6. _____ | YEAR: _____ |

**CHILDHOOD ILLNESSES**

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

**FAMILY HISTORY**

LIVING/DECEASED

AGE

MEDICAL PROBLEMS

- |                        |       |       |
|------------------------|-------|-------|
| FATHER: _____          | _____ | _____ |
| MOTHER: _____          | _____ | _____ |
| BROTHER(S): _____      | _____ | _____ |
| _____                  | _____ | _____ |
| _____                  | _____ | _____ |
| SISTER(S): _____       | _____ | _____ |
| _____                  | _____ | _____ |
| _____                  | _____ | _____ |
| MOTHER'S FATHER: _____ | _____ | _____ |
| MOTHER'S MOTHER: _____ | _____ | _____ |
| FATHER'S FATHER: _____ | _____ | _____ |
| FATHER'S MOTHER: _____ | _____ | _____ |

## FOLLOWING

|  |                         |                                   |
|--|-------------------------|-----------------------------------|
| GLAUCOMA/EYE EXAM: _____                   | HEPATITIS B SHOT: _____ | FLU VACCINE: _____                |
| PNEUMONIA VACCINE: _____                   | ZOSTAVAX SHOT: _____    | BONE DENSITY SCAN: _____          |
| COLONOSCOPY: _____                         | GLUCOSE: _____          | ECHOCARDIOGRAM: _____             |
| HEARING EXAM: _____                        | HEMOCULT: _____         | LIPID PANEL: _____                |
| MAMMOGRAM: _____                           | PAP SMEAR: _____        | PELVIC EXAM: _____                |
| PROSTATE EXAM: _____                       | PSA TEST: _____         | RECTAL EXAM: _____                |
| ABDOMINAL AORTIC ANEURYSM SCREENING: _____ |                         | TETANUS DIPHTHERIA VACCINE: _____ |
| DIABETES SELF MANAGEMENT TRAINING: _____   |                         | NUTRITIONAL THERAPY: _____        |
| SMOKING CESSATION: _____                   |                         |                                   |

## SOCIAL

DO YOU DRINK ALCOHOL?    ☐ YES    ☐ NO    IF YES, HOW MUCH? \_\_\_\_\_

ARE OTHERS CONCERNED ABOUT YOUR DRINKING?    ☐ YES    ☐ NO

DIET:    ☐ BALANCED    ☐ VEGETARIAN    ☐ DIABETIC    ☐ LOW SALT    ☐ LOW FAT    ☐ LOW CARB    ☐ OTHER: \_\_\_\_\_

EDUCATION:    ☐ HIGH SCHOOL    ☐ COLLEGE    ☐ SOME COLLEGE    ☐ TRADE SCHOOL    ☐ OTHER: \_\_\_\_\_

DO YOU DO ANY FORM OF REGULAR EXERCISE EVERY DAY?    ☐ YES    ☐ NO    IF YES, HOW MUCH? \_\_\_\_\_

MARITAL STATUS:    ☐ MARRIED    ☐ SINGLE    ☐ DIVORCED    ☐ WIDOWED    ☐ OTHER: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_ HOW LONG AT CURRENT EMPLOYER: \_\_\_\_\_

LIST EVERYONE IN YOUR HOUSEHOLD (INCLUDING PETS):

|       |       |       |
|-------|-------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

HAVE YOU EVER SMOKED OR CHEWED TOBACCO?    ☐ YES    ☐ NO    IF YES, HOW MUCH? \_\_\_\_\_

  

|   |   |
|---|---|
| DO YOU FEEL LITTLE INTEREST/PLEASURE IN DOING THINGS? | <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> SOMETIMES |
| DO YOU FEEL DOWN, DEPRESSED, OR HOPELESS?             | <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> SOMETIMES |
| ARE YOU AFRAID OF FALLING?                            | <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> SOMETIMES |
| HAVE YOU FALLEN IN THE PAST YEAR?                     | <input type="checkbox"/> YES <input type="checkbox"/> NO                                    |

AUTHORIZED SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_